

The **You Are Amazing** Workshop



Kick off Your Year with an Amazing Spirit!

Instead of a Resolution or a goal, get into all of what makes you Amazing and create an awareness of you in 2012. Inspire a Purpose and a Plan. Revisit your success and apply strategies for Work and Life and change the language of your life to joy. Let Amazing happen to you.... Be Amazed...Be Very Amazed!

**Jan.
21st**

2012

Sat 10am - 4pm

Presented by the
**School
of Laughter**

350 S. Northwest Hwy.
Park Ridge, IL 60068

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(847) 401-5787

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Amazingly Priced!
\$149

Register at:

www.FollowTheLaughter.com

A **Amaze your Life in 2012**

Instead of creating New Year's Resolutions or Goals... this year Design your 2011

M **Master the Broader Range of Laughter**

A Laughing Session to demonstrate the life uses and purposeful ways in which laughter can be used to benefit the body, mind and soul.

A **About Keeping Change Changed...**

Exercises in Change and techniques for keeping change changed in a healthy and happy way.

Z **Zesty Energy and Spirit of Laughter**

Examine the energy of laughter and discover the feeling of the inner spirit of laughter - dowsing, exercises, meditations

I **Integrate with Integrity**

Color your world happier and create a place for joy in the everyday actions you take. Plan on a 365 experience!

N **Negotiating and Networking Amazment**

Consider the tools of buisness and apply them to your daily life. A Work and Life plan, A Biography, A Purpose, An Owners Guide

G **Get into Giggle Power**

Considering your Joy vocabulary, Your Amazing Vocabulary Fun Choices that change up your everyday dialogue to finding your inner giggle, demyth-tifying seriousness and accepting Joy

**Facilitated by the Amazing Lynda Turloukis
Chicagoland's Laughter Expert!**